

Dear Sir/Madam,



Greetings from wakeup's CALIBRE.....!!!

"TRAIN TALANTS TO TACIT TRIUMPHS...!!!"

Periodic motivation/revision of employees has been proven to be productive regardless of name and nature OR culture and climate of the organization. Every success saga of organizations must have to reiterate another excellent story of outstanding trainings to achieve extraordinary results by the human element of the organization.

Pinpoint accurate element of motivation is often a hard nut to crack; but, identify right speaker is the powerful solution to the problem...!!!

Here, we introduce you, **CALIBRE**, a set of motivational/inspirational schemes which are proven to be efficient; and hence, effective to refresh the workforce and stakeholders of your organization periodically.

Thanks & Regards

For wakeup, SINOJ JACOB K (+91 9495 484811)

WHO WE ARE...

wakeup is a unique venture to promote *success* in life of an individual and his/her team on the solid foundations of *freedom* and *happiness*.

We caters to the **TRAINING** needs of all types of Institutions, Organizations and Companies in the areas of motivation and self-help, academics and pedagogy, learning and development, talent management and many more. The outstanding panel of trainers with qualifications and qualities enriches our team with relevant knowledge and experience in multiple disciplines and extends to wide range of training requirement of our extensive array of clients.

The Company provides **CONSULTING** services to Governmental and Non-Governmental Social Organizations in their developmental project pertained needs at all levels throughout complete cycle of project implementation. We professionally assist agencies of social change in Social Research, Need Assessment, Project Proposal Formulations, Monitoring & Evaluation, and Report Writing & Review.

DETAILS OF WAKCUP'S CALIBRE TRAINING PROGRAMS

CALIBRE	Character Animation for Life Integration by Behavioural Reformation and Empowerment
<i>"Passion is the Means; but, Action is the End...!"</i> - Sinoj Jacob K	

THE PURPOSE

Yes, we venture to promote **SUCCESS** in life of an individual and his/her team on the solid foundations of **FREEDOM** and **HAPPINESS**.

We Design, Develop and Deliver Training Programs to Engage, Equip and Enable you to Perceive, Plan and Perform your *Personal and Professional GOALS* in an exceptionally excellent manner.

THE PLAN

Each Training Module is customised to the Vision and Mission of the organization along with the Nature and Trait of the participants to achieve maximum result.

This Transformative program will consist of lectures, interactions, videos, audios, games, activities, discussions, exercises, examples with full of fun and fire according to the size and style of the audience.

THE PAYOFF

- Every idea is defined well to conceptualise and personalise in real time
- Challenges are explained and evaluated to encounter efficiently
- Changes are analysed and assessed to introspect individually
- Impart tools and techniques to inculcate necessary skills and abilities
- Promote and nurture strategy for consistency in development

MODULES OF TRAINING PROGRAM

CALIBRE has a long list of topics successfully delivered for multiple concerns of different products and services across India. Each topic has its own individual module for customised training purpose with subtopics and timeframe.

PERSONAL INTEGRITY		
A1	Worth, Esteem & Confidence	5 Hrs
A2	Awareness, Attitude & Approach	5 Hrs
A3	Optimism, Happiness & Courage	5 Hrs

B1	Interpersonal Dynamics	5 Hrs
B2	Communication Skills	5 Hrs
B3	Influence & Win Others	5 Hrs
C1	Style Makes Man	5 Hrs
C2	Body Language	5 Hrs
C3	Manners & Etiquettes	5 Hrs
D1	Mental Health	5 Hrs
D2	Stress Management	5 Hrs
D3	Freedom: Ideal & Actual	5 Hrs
PERSONAL MOTIVATION		
E1	Success Stabilised	1 - 10 Hrs
E2	Happiness Hounded	1 - 10 Hrs
E3	Relationship Refreshed	1 - 10 Hrs
INTEGRATED PROGRAMMES		
F1	Excellent & Strategic Personality	5 Hrs
F2	Positive Thinking & Success	5 Hrs
F3	Ideal & Effective Interactions	5 Hrs
ACADEMIC CONCERNS		
G1	Visionary Teacher	5 Hrs
G2	Value Education	5 Hrs
G3	Career Planning	5 Hrs
FAMILIAL CONCERNS		
H1	Mr Jack & Ms Jill at Home	5 Hrs
H2	Be a Great Parent of a Great Child	5 Hrs
H3	You & Your Multiple Role Dynamics	5 Hrs

COMPREHENSIVE TRAINING MODULE

Apart from afore mentioned divided and detailed topics of personal development, we have a handsome demand for integrated and comprehensive module that enriches and enables the participants with necessary knowledge and skills to live a successful day to day life with a difference. This module contains the gist of all the topics of personal integrity. This module consist subjects like:

- Ideal Personality
- Positive Thinking
- Interpersonal Skills
- Excellence & Success
- Freedom & Happiness
- Self Confidence
- Self Help & Management

- Stress Dynamics
- Manners & Etiquettes
- Work-life Balance

And, all these topics are covered in a whole day's (or two days' if required) training sessions. Organizations with time constraints generally approach us for this practically overall module.

MODULES DELIVERED ON CLIENTS' DEMAND

CALIBRE caters all types and topics of training needs of the organizations. We get training requests from clients to deliver some completely fresh topics as of the requirement of their training need assessments. We definitely take up the challenge and render trainings on those novel topics without any compromise with quality. Yes, here our strategic belief is "If you are not over prepared, you are under prepared." Below is a list of topics gradually increases in every month of every year.

Work – Life Balance	Motivational Tools & Techniques
Live the Life YOU Create	Public Speaking Easy
Simple is Self-Management	Presentation Skills
Discover Yourself	Attitude & Accomplishment
Behold Yourself a Leader	Emotional Intelligence
'You are' Vs. 'You ought to be'	Boss & Buddies at Work
Games on the Table	Career & Success
Teacher Vs. Student	Achieving Professional Excellence
Ideal Family	Happy Retirement
Organizational Culture & Climate	Personality & Positive Behaviour
Grievance & Conflict Management	Right Based Approach
Rules of Life	Harmony: Body, Mind & Soul
Dynamics of Ideal Personality	Multiple Intelligences
Personality Dynamics of Ideal Teacher	Learning Fundamentals
DMIT Based Learning Systems	Know Yourself & Your Difference
Assertive/Positive Parenting	Humility Vs. Simplicity

DURATION OF TRAININGS

It varies as of organizations depends on their needs and conveniences. **CALIBRE** is equipped with ample topics and copious time to serve its clientele on their requirements on demand. We render our training programs in the forms of lecture, seminars and workshops as of the needs of the inviting agency. Each form of training sessions requires its standard timeframe for standard delivery in accordance with topics and audience.

THE VENUE

A comfortable and convenient venue must be arranged by the inviting agency. An ideal venue is climatically conditioned with enough space and light, arranged with minimum number of chairs (without tables, if not requested otherwise) for the participants. Audio visual facilities must be procured and provided by the inviting agency itself.

FEES STRUCTURE

The Fee structure is designed in combination of both Honorarium + TA for Classes, Seminars, Workshops, Camps and Orientation/Animation Programs for a day.

- Inside Kerala : Rs. 12,000/- + Rs. 3,000/-
- Outside Kerala : Rs. 12,000/- + Rs. 8,000/-

Other Terms & Conditions:

- For intensive programs of more than one day, only Honorarium is charged for extra days.
- For five or more days' continuous programs in an institution, TA is not charged at all.
- For ten or more days' continuous programmes in a cluster of institutions of a locality, TA is not charged from any of them.
- In cases of inviting agency provides convenient travel and accommodation for continuous programs anywhere in India, only honorarium is charged for each day.
- Fee mentioned above is not inclusive of TDS; and, in such cases inviting agency is liable to bear that.

A BRIEF PROFILE OF THE SPEAKERS

Sinoj Jacob K, MBA [Hr], MSW [Hr], SAP [Hr], MA [Phil], MA [Eng Lit], is a much sought after young and dynamic speaker with prolific profile and exceptional expertise on multiple disciplines. He is the successful **Author of the book "I Think"** (ISBN: 978-93-83292-15-8), a collection of socio-philosophical essays, and was an accomplishing academician as an **Assistant Professor** at Bhopal School of Social Sciences (BSSS) and at Global School of Business Mumbai (GSB). He is currently based in Kochi (Kerala) and active as a **Consultant Trainer** for Motivation, Personality Development, Self-Management, Talent Management, Academic Development, Learning & Development and Developmental Projects for various concerns of different products and services across India. His articles appear in Major English and Malayalam dailies, magazines and journals. Speaking & Writing are his passion; and thus, now, his Profession too!

Sino P Kurian, MSW (Med & Psych), MA (Educational Psych), MA (Child Care & Child Education), MA [Eng Lit], PGDDM, CAFE, is a vigorous and versatile speaker with a very progressive profile and outstanding proficiency. He has 10 years of experience in field of social development and training across India for various groups like children, teachers, police, PRIs and other institutions etc. He has special expertise and extensive experience in conducting motivational and leadership camps at all levels and defending child rights. He is currently based in Kerala as a **Consultant & Trainer** in communication, interpersonal relationship, motivation and personality development. His mission of life is to inspire people for personnel integration.

Sijo P P, MSW (Community Development), MA (Child Care & Child Education) M.A (Psych), is a young and dynamic freelance **Consultant & Trainer** in Pro-Life, Team Building, Leadership, motivation and personality development with creative profile and outstanding proficiency. He has excellent skill in Resource mobilization in various community development programmes and has several years of experience in the field of social development and training across India for various groups like children, youth, teachers, police, PRIs, institutions etc. He has special expertise and extensive experience in conducting motivational and leadership camps at all levels. He has been a much invited energizer for youth and children's camps.

Robymon Varghese, MSW (HR), MA (Hist), is a vibrant and young professional trainer and social consultant in Child Development and Youth Animation with extensive experience and proven expertise. His clientele spans from schools, colleges, and to corporates in executive training across India. He is also an active activist for social causes of his areas of interest. His credentials always appeals wherever he deploys himself for social change. His **Training & Consulting** services are much welcomed and appreciated by listeners of various walks of life.

CONTACT DETAILS

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NB: 1. All the titles are successfully presented for the Audience of different categories including Academic Institutions, Organizations, Companies and even for General Audience across India. 2. Duration of the programmes may vary on Requirement and Convenience of each client. 3. Assessment by Participants is also administered at the end of the programme if management

requires. 4. New titles, apart from aforementioned schedule, are too considered on clients' demand. 5. Audio-visual elements are included along with group dynamics depend on the size and trait of the audience.

Block our Dates Early not to Clash your Dates Later...!!!

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